

# Yoga and Pilates Classes

## Summer 2024

### May 29<sup>th</sup> - August 1<sup>st</sup>

**\$80 provides unlimited access to all Pilates and Yoga classes.  
Register for one section. Attend any class at any time! \***

### All Levels Yoga

15903	MW	9:30 - 10:25 a.m.	5/29 - 7/ 31	F133	K. Herbst
17469	MW	5:30 - 6:25 p.m.	5/29 - 7/ 31	F133	A. Ambrose



### Gentle Yoga

15907	MW	4:15 - 5:10 p.m.	5/29 - 7/31	F133	A. Ambrose
15906	TTh	9:00 - 9:55 a.m.	5/28 - 8/1	F133	J. Rosario
15905	S	8:15 - 9:15 a.m.	6/1 - 8/3	F133	S. Leavy

### Pilates

**15902 MW 5:30 - 6:25 p.m. 5/29 - 7/31 F109  
L. Adelman-Tomasulo**



\* Space Permitting